

VIRTUAL



WALK TO MARY

United in Step from Shrine to Shrine

A 22-mile walking pilgrimage (shorter routes available) starting from the National Shrine of St. Joseph at Old St. Joseph Church on the St. Norbert College campus in De Pere, WI to the National Shrine of Our Lady of Champion.

April 14 - May 2, 2025

MONDAYS - WEDNESDAYS - FRIDAYS



Shorten the route by joining in at:

Saint Peter and Paul Parish
14 miles

Holy Cross Parish at Bay Settlement
7 miles

Walk with the Children
National Shrine of Our Lady of Champion
1.7 miles

Get More Information and Sign Up to Walk at www.WalkToMary.com

At Home-Virtual Walk to Mary- Q&A

1. Who can take part? Anyone of any age or ability!
2. How will it “work”? Beginning any date after Monday, April 14th, you walk NINE times at your convenience, making sure all nine walks are completed by May 2nd. During those walks, there are specific prayers to be prayed. By walking and praying nine times, you complete the novena walking pilgrimage.
3. How far should I walk? The distance is up to you. The actual pilgrimage walk is 22 miles. If you choose 22 miles as your goal, that would be 2.4 miles/day over the nine days. If that’s too much, you can choose to do less. The distance is completely up to you!
4. What if I am homebound and unable to walk outside? You may still take part! Even if your walk is only to the kitchen and back, if it is done with love and with the same prayers as those walking great distances, it is seen and appreciated by God! And if you are unable to walk, you can offer up something else in place of the walking. The heart of the virtual pilgrimage is LOVE. Love well and pray the prayers.
5. Why would I want to do this? To grow closer to Christ, His Blessed Mother, and the Church. To share the graces received with our family, friends, and parish community.

The Walk to Mary website states, “We walk because life is a journey of discovery and revelation, not a destination. Along the way, we tire, toil, and triumph. We empty ourselves out, making room for the Holy Spirit to expand within us. When we arrive, tired and exhausted, we encounter the Shrine of Our Lady of Champion as a refreshing oasis along life’s journey, offering respite for all who are weary and thirsty.” *The virtual walk allows us to add our journey at home with thousands of pilgrims walking on May 3rd. **Our hearts will be transformed, and our transformed hearts will change the world.***

At Home– Virtual Walk to Mary Specific Steps

*** Have the pictures of St. Joseph and Mary (enclosed) at the start/finish location in your home.

1. Initiate your walk by entrusting it to St. Joseph. This can be as simple as looking at the picture of St. Joseph while you pray, “St. Joseph, pray for us.”
2. Keep a prayerful presence while you walk– perhaps pray a Rosary and/or Divine Mercy Chaplet.
3. As you finish your walk, pray the “Virtual Walk to Mary Prayer” (enclosed). Send your guardian angel to your church’s tabernacle while you pray this prayer! (Be sure to include praying for the intentions of those who have entrusted their prayer requests to us.)
4. Finish your walk by honoring Our Lady of Champion. This can be as simple as looking at the picture of Our Lady of Champion while you pray, “Our Lady of Champion, pray for us.”
5. If you wish, you may keep track of your walk with the Virtual Walk to Mary log (enclosed).
6. Repeat these steps each time you walk for a total of nine walks– a pilgrimage walk novena.