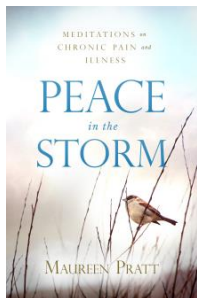
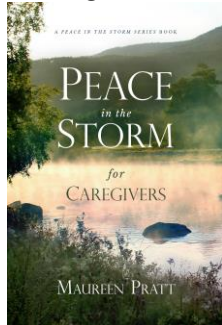


What Is The Peace in the Storm Project®?

The Peace in the Storm Project® is a parish-based ministry of accompaniment in the Catholic tradition that provides theologically and spiritually sound resources for caregivers and persons living with chronic illness, pain, disability, the effects of aging, and Alzheimer's disease and other dementias. Participants in faith-fellowship groups deepen their connection with others and their parish and prayer while reflecting on scripture, Catholic tradition, and the sacraments of the Catholic Church. *The Peace in the Storm Project* seeks to inspire all to grow in spiritual strength and understanding of and enthusiasm for their faith.

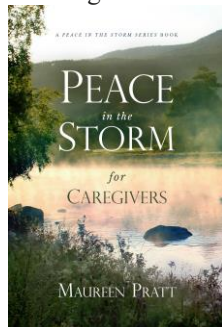


Books used in *The Peace in the Storm Project* hold the imprimatur and group discussion guides are reviewed for their theological and spiritual content, too.

For information about how to bring *The Peace in the Storm Project* to your parish, visit www.thepeaceinthestormproject.com or contact us at info@thepeaceinthestormproject.com. *The Peace in the Storm Project* is a tax-exempt, nonprofit, religious corporation under IRC Section 501(c)(3).

What Is The Peace in the Storm Project®?

The Peace in the Storm Project is a parish-based ministry of accompaniment in the Catholic tradition that provides theologically and spiritually sound resources for caregivers and persons living with chronic illness, pain, disability, the effects of aging, and Alzheimer's disease and other dementias. Participants in faith-fellowship groups deepen their connection with others and the parish and prayer while reflecting on scripture, Catholic tradition, and the sacraments of the Catholic Church. *The Peace in the Storm Project* seeks to inspire all to grow in spiritual strength and understanding of and enthusiasm for their faith.



Books used in *The Peace in the Storm Project* hold the imprimatur and group discussion guides are reviewed for their theological and spiritual content, too.

For information about how to bring *The Peace in the Storm Project* to your parish, visit www.thepeaceinthestormproject.com or contact us at info@thepeaceinthestormproject.com. *The Peace in the Storm Project* is a tax-exempt, nonprofit, religious corporation under IRC Section 501(c)(3).

February 11 World Day of the Sick

February 11, 2026, is World Day of the Sick and also the Feast of Our Lady of Lourdes. On this day, we remember all who live with illness in body, mind, or spirit, praying especially for their comfort and peace.

World Day of the Sick was initiated by St. Pope John Paul II in 1991, and officially held for the first time on February 11, 1992, little more than one year after his diagnosis of Parkinson's disease. Since then, each year, on February 11, the Church has commemorated World Day of the Sick with prayerful and compassionate acts of faith and care.

Prayer Suggestions for World Day of the Sick

Offer a Rosary for those who are ill
Spend time in Eucharistic Adoration, lifting up those who are sick in prayer
Pray through action – visit someone who is homebound or in the hospital

A Prompt

Do you know anyone who is ill and needs prayer? Write these intentions inside this booklet and keep it handy so that you can pray for them on World Day of the Sick and beyond.

The Peace in the Storm Project®

A ministry of pastoral accompaniment in the Catholic tradition for caregivers and persons with chronic pain, ongoing illness, disability, and Alzheimer's disease and other dementias.

www.thepeaceinthestormproject.com

February 11 World Day of the Sick

February 11, 2026, is World Day of the Sick and also the Feast of Our Lady of Lourdes. On this day, we remember all who live with illness in body, mind, or spirit, praying especially for their comfort and peace.

World Day of the Sick was initiated by St. Pope John Paul II in 1991, and officially held for the first time on February 11, 1992, little more than one year after his diagnosis of Parkinson's disease. Since then, each year, on February 11, the Church has commemorated World Day of the Sick with prayerful and compassionate acts of faith and care.

Prayer Suggestions for World Day of the Sick

Offer a Rosary for those who are ill
Spend time in Eucharistic Adoration, lifting up those who are sick in prayer
Pray through action – visit someone who is homebound or in the hospital

A Prompt

Do you know anyone who is ill and needs prayer? Write these intentions inside this booklet and keep it handy so that you can pray for them on World Day of the Sick and beyond.

The Peace in the Storm Project®

A ministry of pastoral accompaniment in the Catholic tradition for caregivers and persons with chronic pain, ongoing illness, disability, and Alzheimer's disease and other dementias.

www.thepeaceinthestormproject.com